

March 2012



Michi's Fresh, Healthy Lunch Menu (menu subject to change due to availability)
 Order online at www.cookingfreshforyou.com

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Chicken Shepards Pie Tossed salad w/ranch Fresh cut apple	2 Lunch by Moms
5 Wheat spaghetti w/ marinara Wheat bread w/butter Mixed veggies w/edamame Mandarin orange	6 Baked Mochiko chicken Brown rice Baby carrots Fresh cut pineapple	7 BBQ pulled pork Mash Potato Southern style peas Fresh cut orange	8 Cheese pizza on honey wheat crust Caesar salad w/cROUTONS Fresh cut apple wedge	9 No lunch service Spring Break
12 SPRING BREAK	13 SPRING BREAK	14 SPRING BREAK	15 SPRING BREAK	16 SPRING BREAK
19 SPRING BREAK	20 SPRING BREAK	21 Chicken Caesar Wrap Seasoned corn Fresh cut orange	22 Kalua Pork & Cabbage Brown rice Haupia dessert Fresh cut pineapple	23 Tuna melt with cheese, baby carrots, chilled pear
26 Turkey Italian sausage w/pasta Garlic wheat bread Seasoned corn Chilled pear	27 Warm ham & swiss sandwich Tomato-vegetable soup Fresh cut apple	28 Kalua Pork & cabbage Brown rice Haupia dessert Fresh cut pineapple	29 Teri chicken Brown rice Baby carrots Fresh cut orange	30 Chicken Curry Brown rice Seasoned corn Mandarin oranges

LA PIETRA HAWAII SCHOOL FOR GIRLS LUNCH MENU PRICING

Daily lunch service options:	
Student lunch (includes milk/juice):	\$4.25
Side salad (includes roll):	\$3.50
Soup de jour (includes roll):	
8oz	\$2.50
12 oz	\$3.50
Ala cart drinks	\$1.00